

## DAVID TRICKEY C.Psychol, AFBPsS

### PROFILE

David Trickey is a leading Consultant Clinical Psychologist who has specialised in working with traumatised children, young people and their families since 2000. He continues to focus on direct clinical work, as well as the training and supervision of other practitioners working with traumatised children, young people and their families. He presents at international conferences and supervises doctoral research. He acts as an expert witness in civil and criminal cases, particularly where families have experienced family homicide. He is a tutor on the Core Skills Module of the London and South East CYP-IAPT course at UCL & KCL. In all of his roles he draws heavily on the published research literature, to which he has made a minor contribution.

### PROFESSIONAL EXPERIENCE

**2018 to Present      Co-Director  
National Trauma Centre,  
Anna Freud National Centre for Children & Families**

- Co-ordination and facilitation the sharing of research evidence and best practice guidance between leading academics, practitioners, and families.
- Creation of high quality, accessible, evidence-informed resources to reduce the negative impact of potentially traumatic events.

**2014 to Present      Consultant Clinical Psychologist,  
Specialist Trauma & Maltreatment Service,  
Anna Freud National Centre for Children & Families**

- Assessment and intervention for traumatised children, young people and families.
- Writing of expert witness for civil and criminal courts.
- Training in Trauma-Focused CBT for PTSD.
- Clinical leadership for early intervention project.
- Supervision of professionals working with traumatised children and families.
- Supervision of doctoral and masters research projects.

**2014 to 2016      Consultant Clinical Psychologist,  
Cambridge Clinical Psychology Services**

- Assessment and intervention for young people and families with PTSD, depression, anxiety.

**2011 to Present      Clinical Tutor, Children and Young People's IAPT  
University College London**

- Training of CAMHS clinicians on the Core Skills module.
- Contribution to the Course Leadership Team meetings.
- Development and delivery of the module.

**2005 to Present      Clinical Psychologist in Independent Practice**

- Supervision of groups of professionals working with traumatised children and families.
- Independent evaluation of the 7 July Assistance Centre for the UK Government (DCMS).
- Expert witness for civil and criminal courts.
- Scoping of the revision of the BPS Professional Practice Guidelines (2005).

**2009 to 2014      Lead Consultant Psychologist, Child Trauma Service,  
Luton and Bedfordshire**

- Development of the service as it left the NHS and became a Social Enterprise.
- Establishment of new sources of funding (including charities, Local Authorities and NHS Commissioners), and strengthening existing funding sources.

- Assessment and intervention for traumatised children, young people and families.
- Consultation and supervision of professionals working with traumatised children and families.
- Training in Trauma and CBT.

**2006 to 2009      Lead Consultant Paediatric Psychologist,  
Leicester Royal Infirmary**

- Assessment and intervention for children, young people and families experiencing potentially traumatic illnesses, injury or medical treatment.
- Strategic and operational management of Paediatric Psychology and Neuro-psychology.
- Consultation, training and supervision to other professionals within the hospital.

**2005 to 2006      Consultant Clinical Psychologist, Southwark CAMHS,  
South London and Maudsley NHS Trust**

- Assessment and intervention for traumatised children, young people and families.
- Specialist supervision and training of multi-disciplinary teams.
- Planning and development of service.

**2000 to 2005      Clinical Psychologist, Traumatic Stress Clinic,  
Camden & Islington NHS (Great Ormond Street Hospital from 2004)**

- Assessment and intervention for traumatised children, young people and families.
- Consultation to various professionals.
- Expert witness for civil courts.

**1994 to 2000      Clinical Child Psychologist, Child Psychology Department  
South Lincolnshire NHS Trust**

- Assessment and intervention for children, young people and families with various mental health difficulties.
- Head of Service from 1998.
- Development, and successful significant expansion, of Child Psychology Service in conjunction with the LHA.
- Establishment of joint specialist services with Consultant Paediatricians.

## PROFESSIONAL ACCREDITATION

**Health & Care Professions Council:** Registered Practitioner Psychologist (Clinical).

**British Psychological Society:** Chartered Clinical Psychologist, Associate Fellow, Registered Applied Psychology Practice Supervisor.

## QUALIFICATION AND POST QUALIFICATION TRAINING

**2017** Mentalisation-based Therapy for families (MBT-F), Anna Freud National Centre for Children and Families.

**2015** Interpersonal Psychotherapy for Adolescents, Anna Freud Centre.

**2014** Certificate in Psycho-traumatology, European Society for Traumatic Stress Studies (ESTSS).

**2013** Certificate in Clinical Supervision, British Psychological Society (BPS).

**2004** Certificate of Expert Witness Accreditation, Cardiff University & Bond Solon.

**2004** Manchester Child Attachment Story Task training, Manchester University.

**2004** Applied Hypnosis Levels 1 & 2, UCL Applied Hypnosis Unit.

**2002** Statement of Equivalence (i.e. equivalent to doctorate in clinical psychology), BPS.

**2002** Family Assessment Framework, Institute of Family Therapy.

**2001** EMDR Level 2 Training & Child Training, EMDR Institute.

**2000** EMDR Level 1 Training, EMDR Institute.

**1997** Post-graduate Diploma in Family Therapy, Institute of Family Therapy.

**1993** MA Child Psychology, Nottingham University.

**1989** BSc (Hons) Human Psychology, Loughborough University.

## PUBLICATIONS

- **Trickey, D.**, & Meiser-Stedman, R. (2018). Advances in the Assessment of PTSD in Children and Young People. In L. J. Farrell, T. H. Ollendick, & P. Muris (Eds.), *Innovations in CBT for Childhood Anxiety, OCD & PTSD*: Cambridge University Press.
- Ehnholt, K. A., **Trickey, D.**, Harris Hendriks, J., Chambers, H., Scott, M., & Yule, W. (2018). Mental health of unaccompanied asylum-seeking adolescents previously held in British detention centres. *Clinical child psychology and psychiatry*, 23(2), 238-257.
- Shankar, S., Nolte, L., & **Trickey, D.** (2017). Continuing bonds with the living: bereaved parents' narratives of their emotional relationship with their children. *Bereavement Care*, 36(3), 103-111.
- **Trickey, D.** (2017). Stress and Reactions to Stress in Children. In D. Skuse, H. Bruce & L. Dowdney (Eds.) *Child Psychology and Psychiatry 3rd Edition: Frameworks for Clinical Training and Practice*. Wiley.
- Meiser-Stedman, R., Smith, P., McKinnon, A., Dixon, C., **Trickey, D.**, Ehlers, A., Clark, D. M., Boyle, A., Watson, P., Goodyer, I. and Dalgleish, T. (2017), Cognitive therapy as an early treatment for post-traumatic stress disorder in children and adolescents: a randomized controlled trial addressing preliminary efficacy and mechanisms of action. *Journal of Child Psychology Psychiatry*, 58(5), 623-633.
- Siddaway, A. P., Wood, A. M., Schulz, J., & **Trickey, D.** (2015). Evaluation of the CHUMS child bereavement group: A pilot study examining statistical and clinical change. *Death Studies*, 39, 99-110.
- **Trickey, D.** (2014). Zu viel Angst, um traurig zu sei. Traumatische Trauer bei Kindern [Too Scared to be Sad: Traumatic Bereavement in Children and Young People.] In F Roseberg & M. Muller (Eds.) *Handbuch Kindertrauer [Handbook of Child Bereavement]*. Vandenhoeck & Ruprecht.
- **Trickey, D.** (2013). Post-traumatic Stress Disorders. In P. Graham & S. Reynolds (Eds.) *Cognitive Behavioural Therapy for Children and Young People; 3rd Edition*. CUP.
- **Trickey, D.**, Siddaway, A. P., Meiser-Stedman, R., Serpell, L., & Field, A. P. (2012). A meta-analysis of risk factors for PTSD in children and adolescents. *Clinical Psychology Review*, 32(2), 122-138.
- **Trickey, D.** & Nugus, D. (2011). The evaluation of a therapeutic residential intervention for traumatically bereaved children and young people. *Bereavement Care*, 30(1), 20-27.
- **Trickey, D.** & Black, D. (2009). Child trauma. In M. Gelder et al. (Eds.) *New Oxford Textbook of Psychiatry. Second Edition*. OUP.
- **Trickey, D.** Experiencing Refugee Status After Previous Trauma. In Appleton, P.L. (Ed.) (2008). *Children's Anxiety – A Contextual Approach*. Routledge.

## KEY RECENT PRESENTATIONS

- *Complex PTSD for Children and Young People*. Conference host, Anna Freud National Centre for Children and Families.
- *Trauma-focused CBT for Children and Young People with PTSD*. Two day workshop for Danish Red Cross, 2017.
- *What Makes an Event Traumatic, and What Makes it Less so?* Keynote at the Faculty for Children, Young People and Families, British Psychological Society Conference, 2017, Reading.
- *Group Trauma-Focused Cognitive Behavioural Therapy (TF-CBT) for Children and Young People with PTSD following Sexual Abuse*. Two-day workshop and two group supervision days for Nobody's Children Foundation in Poland, Latvia and Lithuania, funded by the EU.

## **INSTITUTION AND WORKING GROUP MEMBERSHIPS**

- NICE PTSD Guideline Revision Committee 2017-2018.
- NHS-England Measuring Children and Young People's Mental Health Outcomes group.
- British Psychological Society:
  - Division of Clinical Psychology (DCP)
  - Faculty for Children Young People and Families (FCYPF)
  - Crisis, Disaster and Trauma Psychology Section (CDTPS)
  - Register of Applied Psychology Practice Supervisors (RAPPS)
- Fellow of the Winston Churchill Memorial Trust (Early Interventions for Children and Young People Following Potentially Traumatic Events).
- Advisory Committee of the Children and War Foundation.
- UK Psychological Trauma Society (UKPTS) and European Society for Traumatic Stress Studies (ESTSS).
- Association for Child and Adolescent Mental Health (ACAMH).
- British Association of Behavioural and Cognitive Psychotherapies (BABCP).