

# David Trickey

Consultant Clinical Child Psychologist, Expert Witness and  
BPS Registered Psychology Practice Supervisor

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*Trauma Specialist*

## Summary

David Trickey is a Consultant Clinical Psychologist, chartered by the British Psychological Society and registered with the Health & Care Professions Council. He has extensive clinical experience working with children and families and has specialised in trauma and traumatic bereavement since 2000. He has successfully managed various services and is a BPS Registered Supervisor. He has undertaken further training in assessments of parenting, assessments of attachment, Family Therapy, Eye Movement Desensitisation and Reprocessing (EMDR) and clinical supervision. In addition to direct work with children and families, he consults to and supervises other professionals, provides training for various professional groups, has presented at international conferences including a number of keynote addresses and supervises doctoral research. He acts as an expert advisor to police and as an expert witness approximately 20 times per year in civil and criminal cases, particularly in the areas of trauma, bereavement and child testimony.

## Posts held

- September 2014 – present**      **Consultant Clinical Psychologist**  
Court Assessment Services, Anna Freud Centre  
12 Maresfield Gardens, London, NW3 5SU
- Highly specialised assessment of traumatised and traumatically bereaved children and young people and production of Expert Witness reports
  - Training and teaching in trauma
  - Supervision of doctoral research and clinical psychology training placements
- September 2014 – present**      **Consultant Clinical Psychologist**  
Cambridge Clinical Psychology Services  
27 Coton Road, Grantchester, Cambridge, CB3 9NH
- Assessment and therapy for children and young people with PTSD, depression and anxiety
- December 2011 – present**      **Clinical Tutor**  
IAPT for Children and Young People Course  
University College London / Anna Freud Centre  
12 Maresfield Gardens, London, NW3 5SU
- Teaching of CAMHS practitioners, particularly concerning the use of measures in clinical work
  - Co-ordination of practice tutors and marking of assignments
- Jan 1997 - present**      **Chartered Clinical and Child Psychologist in Independent Practice**
- Expert Witness reports for Court concerning traumatised or bereaved children and young people
  - Consultation following traumatic events such as homicides and critical incidents
  - Independent evaluations (e.g. 7 July Assistance Centre, for DCMS, UK Government)
  - Consultation and advice to police on matters related to traumatised children and evidence
  - Workshops and lectures on: PTSD, CBT, crisis intervention, sudden and traumatic bereavement
- Nov 2009 – July 2014**      **Lead Consultant Clinical Psychologist**  
Child Bereavement & Trauma Service, Luton & Bedfordshire, MK45 4HS
- Highly specialised assessment and treatment of traumatised and traumatically bereaved children and young people
  - Consultation and supervision for other professionals working with trauma
  - Training and teaching in trauma
  - Supervision of Doctoral Research and Clinical Psychology training placements

Registered with the  
Health & Care Professions Council



Chartered by the  
British Psychological Society



- Dec 2006 –Nov 2009**                      **Lead Consultant Paediatric Psychologist**  
Leicester Royal Infirmary, Leicester, LE1 5WW
- Direct intervention to children, young people and families
  - Strategic and operational management of Paediatric and Paediatric Neuro-psychology Departments
  - Supervision of psychologists and trainee doctoral research projects
  - Consultation, training and supervision to other professionals within the hospital
- Oct 2005 - Oct 2006**                      **Consultant Clinical Psychologist**  
Southwark Locality Child and Adolescent Mental Health Services  
South London and Maudsley NHS Trust, SE5 8AZ
- Provision of specialist supervision and training of multi-disciplinary teams
  - Planning and development of service
- Aug 2005 - Aug 2006**                      **Division of Clinical Psychology, British Psychological Society**  
48 Princess Road East, Leicester LE1 7DR
- Scoping of the revision of the Professional Practice Guidelines
- Jan 2000 – Oct 2005**                      **Clinical Psychologist**  
Traumatic Stress Clinic, Camden & Islington NHS  
(Great Ormond Street Hospital, WC1N 3JH, from April 2005)
- Specialised assessments and treatment of complex trauma in children and families
  - Consultation to various professionals, including police, based on specialist expertise in trauma
  - Provision of Expert Witness reports for Court
  - Training and teaching in trauma and CBT to various professionals
  - Supervision of Doctoral Research and Clinical Psychology training placements
- 1994 - Jan 2000**                      **Child Psychologist (Head of Service from 1998)**  
South Lincolnshire Healthcare NHS Trust, Sleaford, NG34 8PP
- Development of Child Psychology Service at a strategic level in conjunction with the LHA
  - Establishment of joint specialist services with Consultant Paediatricians
  - Significant successful expansion of Child Psychology Service
- Sept 1993 - April 1994**                      **Psychologist**  
Peper Harow Foundation, London, EC1M 6AX
- Consulted on development of residential unit on a therapeutic community model
- 1989 - 1992**                      **Member of Professional Therapeutic Team**  
Thornby Hall, Therapeutic Community for Children and Young People  
Peper Harow Foundation, Thornby, Northants
- Intensive *milieu-therapy* and group therapy based on psycho-dynamic principles.

## Training & Qualifications

Certificate in Psycho-traumatology	European Society for Traumatic Stress Studies (ESTSS)	2014
BPS Approved Certificate in Clinical Supervision	BPS	2013
Certificate of Expert Witness Accreditation	Cardiff University & Bond Solon	2004
Training in MCAST Assessment of attachment	University of Manchester	2004
Introduction to Applied Hypnosis: Levels 1 & 2	Hypnosis Unit, UCL	2004
Family Assessment Framework	Institute of Family Therapy	2002
Statement of Equivalence (i.e. equivalent to Doctorate in Clinical Psychology)	British Psychological Society	2002
EMDR Level 2 Training & Child Training	EMDR Institute	2001
EMDR Level 1 Training	EMDR Institute	2000
Post-graduate diploma in Family Therapy	Institute of Family Therapy	1995 - 1997
MA Child Psychology	University of Nottingham	1992 - 1993
BSc (Hons) Human Psychology	Loughborough University	1986 - 1989

## Current Research

*Post-traumatic growth in bereaved children attending a bereavement service.* Supervisor of doctoral research (University of East London). Currently in preparation for submission for publication.

*The psychological impact on siblings of child abduction.* Supervisor of doctoral research (University of East London). Currently in preparation for submission for publication.

*Bereaved parents' accounts of their emotional relationship with their surviving children following the death of another.* Supervisor of doctoral research (University of Hertfordshire). Data currently being collected.

## Publications

Trickey, D. (2014). Zu viel Angst, um traurig zu sei. Traumatische Trauer bei Kindern [Too Scared to be Sad: Traumatic Bereavement in Children and Young People.] In F Roseberg & M. Muller (Eds.) *Handbuch Kindertrauer [Handbook of Child Bereavement]*. Vandenhoeck & Ruprecht.

Siddaway, A. P., Wood, A. M., Schulz, J., & Trickey, D. (2015). Evaluation of the CHUMS Child Bereavement Group: A Pilot Study Examining Statistical and Clinical Change. *Death Studies*, 39, 99–110.

Trickey, D. (2013). Post-traumatic Stress Disorders. In P. Graham & S. Reynolds (Eds.) *Cognitive Behavioural Therapy for Children and Young People; 3<sup>rd</sup> Edition*. CUP.

Trickey, D. et al. (2012). Meta-analysis of risk factors for PTSD in trauma exposed children. *Clinical Psychology Review*, 32, 122-138.

Trickey, D & Nugus, D (2011). The evaluation of a therapeutic residential intervention for traumatically bereaved children and young people. *Bereavement Care*, 30(1).20-27

Trickey, D. & Black, D. (2009). Child trauma. In M. Gelder et al. (Eds.) *New Oxford Textbook of Psychiatry. Second Edition*. OUP.

Black, D. & Trickey, D. (2009). The effects of bereavement in childhood. In M. Gelder et al. (Eds.) *New Oxford Textbook of Psychiatry. Second Edition*. OUP.

Trickey, D. (2008). Experiencing refugee status after previous trauma. In Appleton, P.L. (Ed.) *Children's Anxiety – A Contextual Approach*. Routledge.

Trickey, D. (2005). Young people bereaved by suicide: what hinders and what helps. *Bereavement Care*, 24(1), 11-14.

Trickey, D. & Black, D. (2000) Long term psychiatric effects of trauma on children. *Trauma*, 2, 261-68

## Key Presentations in 2013 / 2014

<i>TF-CBT for Children and Young People with PTSD</i>	Various NHS Child and Adolescent Mental Health Services around the UK, and various clinical psychology doctorate courses
<i>Professional Responses to Critical Incidents</i>	One day workshop to various Educational Psychology Services and Critical Incident Groups around the UK
<i>Traumatic Bereavement</i>	One day workshop to Trauerinstitut, Vienna, Austria.

## Additional Information

- Member of the Outcomes and Evaluations Group providing expert advice to the NHS CYP-IAPT project
- Member of the Evidence Update Advisory Group providing expert advice to NICE
- Co-ordinated the British Psychological Society's response to the 2005 NICE guidelines on PTSD and the consultation concerning the decision not to review the guidelines in 2011
- Member of the British Psychological Society's working group on Disaster, Crisis and Trauma
- Member of the Advisory Committee of the Children and War Foundation
- Member of: UK Psychological Trauma Society (UKPTS), European Society for Traumatic Stress Studies (ESTSS), Association for Child and Adolescent Mental Health (ACAMH) and British Association of Behavioural and Cognitive Psychotherapies (BABCP)
- Various appearances on, and consultation to, news programmes as expert on child trauma and depression