

# David Trickey

Consultant Clinical Child Psychologist and Expert Witness

mail@davidtrickey.com  
www.davidtrickey.com

*Trauma Specialist*

## Summary

David Trickey is a Consultant Clinical Psychologist, chartered by the British Psychological Society and registered with the Health & Care Professions Council. He has extensive clinical experience working with children and families and has specialised in working with trauma and traumatic bereavement since 2000. He has successfully managed a child psychology service and has undertaken further training in assessments of parenting, assessments of attachment, Family Therapy and Eye Movement Desensitisation and Reprocessing (EMDR). In addition to direct work with children and families, he offers consultation and supervision to other professionals, provides teaching and training for various professional groups, has presented at national and international conferences including a number of keynote addresses and he supervises doctoral research. He acts as an expert advisor to police and as an expert witness approximately 10 times per year in civil and criminal cases, particularly in the areas of trauma, bereavement and child testimony.

## Posts held

**Nov 2009 – present**

**Lead Consultant Clinical Psychologist**

Child Bereavement & Trauma Service

- Highly specialised assessment and treatment of traumatised and traumatically bereaved children and young people
- Consultation and supervision for other professionals working with trauma
- Training and teaching in trauma
- Supervision of Doctoral Research and Clinical Psychology training placements

**December 2011 – present**

**Clinical Tutor**

IAPT for Children and Young People Courses  
University College London / Anna Freud Centre

**Jan 1997 - present**

**Chartered Clinical and Child Psychologist in Independent Practice**

- Expert Witness reports for Court concerning traumatised or bereaved children and families
- Consultation following traumatic events such as homicides and critical incidents
- Independent evaluations (including 7 July Assistance Centre, for Department for Culture, Media and Sport, UK Government)
- Consultation and advice to police on matters related to traumatised children and evidence
- Workshops and lectures on: effects of trauma, cognitive behavioural therapy, crisis intervention, sudden and traumatic bereavement

**Dec 2006 –Nov 2009**

**Lead Consultant Paediatric Psychologist**

Leicester Royal Infirmary, Leicester, LE1 5WW

- Managed Paediatric Psychology and Paediatric Neuro-psychology Department at a strategic and operational level
- Supervised other psychologists and trainee psychologists within the department
- Supervised doctoral research projects
- Offered consultation, training and supervision to other professionals within the hospital
- Offered direct intervention to children, young people and families

**Oct 2005 - Oct 2006**

**Consultant Clinical Psychologist**

Southwark Locality Child and Adolescent Mental Health Services  
South London and Maudsley NHS Trust, SE5 8AZ

- Specialist supervision and training of multi-disciplinary teams
- Service development and planning

Registered with the  
Health & Care Professions Council



Chartered by the  
British Psychological Society



**Aug 2005 - Aug 2006**      **Division of Clinical Psychology, British Psychological Society**

48 Princess Road East, Leicester LE1 7DR

- Scoping the revision of the Professional Practice Guidelines

**Jan 2000 – Oct 2005**      **Traumatic Stress Clinic, Camden & Islington NHS  
(Great Ormond Street Hospital from April 2005)**

- Specialised assessments and treatment of complex trauma in children and families
- Consultation to various professionals, including police, based on specialist expertise in trauma
- Provision of Expert Witness reports for Court
- Training and teaching in trauma and CBT to various professionals
- Supervision of Doctoral Research and Clinical Psychology training placements
- Development of specialist services and outcome audit

**1994 - Jan 2000**      **Child Psychologist (Head of Service from 1998)**

South Lincolnshire Healthcare NHS Trust, Sleaford, NG34 8PP

- Developed the provision of CAMHS at a strategic level in conjunction with the LHA
- Established joint specialist services with Consultant Paediatricians
- Expanded Child Psychology Specialty significantly by successfully bidding for extra funds, recruiting staff and developing appropriate organisational structures
- Championed multi-disciplinary working whilst maintaining professional identity

**Sept 1993 - April 1994**      **Psychologist**

Peper Harow Foundation, London, EC1M 6AX

- Consulted on development of residential unit on a therapeutic community model

**1989 - 1992****Member of Professional Therapeutic Team**

Thornby Hall, Therapeutic Community for Children and Young People

Peper Harow Foundation, Thornby, Northants

- Intensive *milieu-therapy* and group therapy based on psycho-dynamic principles.

**Training & Qualifications**

Certificate of Expert Witness Accreditation	Cardiff University & Bond Solon	2004
Training in MCAST Assessment of attachment	University of Manchester	2004
Introduction to Applied Hypnosis: Levels 1 & 2	Hypnosis Unit, UCL	2004
Supervisor workshops	North London Training Courses	2002 - 2004
Family Assessment Framework	Institute of Family Therapy	2002
Statement of Equivalence (i.e. equivalent to Doctorate in Clinical Psychology)	British Psychological Society	2002
EMDR Level 2 Training & Child Training	EMDR Institute	2001
EMDR Level 1 Training	EMDR Institute	2000
Post-graduate diploma in Family Therapy	Institute of Family Therapy	1995 - 1997
MA Child Psychology	University of Nottingham	1992 - 1993
BSc (Hons) Human Psychology	Loughborough University	1986 - 1989

**Current Research**

*Post-traumatic growth in bereaved children attending a bereavement service.* Supervisor of doctoral research. Currently in preparation for submission for publication.

*The psychological impact on siblings of child abduction.* Supervisor of doctoral research.

## Publications

- Trickey, D. (2013). Post-traumatic Stress Disorders. In P. Graham & S. Reynolds (Eds.) *Cognitive Behavioural Therapy for Children and Young People; 3<sup>rd</sup> Edition*. CUP.
- Trickey, D. et al. (2012). Meta-analysis of risk factors for PTSD in trauma exposed children. *Clinical Psychology Review*, 32, 122-138.
- Trickey, D & Nugus, D (2011). The evaluation of a therapeutic residential intervention for traumatically bereaved children and young people. *Bereavement Care*, 30(1).20-27
- Trickey, D. (2010). Bereavement's Impact on Children. *The Psychotherapist* 45, 18-19.
- Trickey, D. & Black, D. (2009). Child trauma. In M. Gelder et al. (Eds.) *New Oxford Textbook of Psychiatry. Second Edition*. OUP.
- Black, D. & Trickey, D. (2009). The effects of bereavement in childhood. In M. Gelder et al. (Eds.) *New Oxford Textbook of Psychiatry. Second Edition*. OUP.
- Trickey, D. (2008). Experiencing refugee status after previous trauma. In P. Appleton (Ed.) *Children's Anxiety – A Contextual Approach*. Routledge.
- Trickey, D. (2005) Young people bereaved by suicide: what hinders and what helps. *Bereavement Care Journal*, Spring.
- Trickey, D. & Black, D. (2000) Long term psychiatric effects of trauma on children. *Trauma*, 2, 261-68

## Key Presentations in 2013

<i>TF-CBT for Children and Young People with PTSD</i>	Various NHS Child and Adolescent Mental Health Services around the UK, and various clinical psychology doctorate courses
<i>Professional Responses to Critical Incidents</i>	One day workshop to various Educational Psychology Services and Critical Incident Groups around the UK
<i>Traumatic Bereavement</i>	One day workshop to Trauerinstitut, Vienna, Austria.
<i>Treatment of PTSD in Children and Young People</i>	UK Psychological Trauma Society, European Society for Traumatic Stress Studies

## Additional Information

- Member of the British Psychological Society's working group on Disaster, Crisis and Trauma
- Supervisor of Clinical Psychologists working with traumatised children for a large NHS Trust
- Member of the Advisory Committee of the Children and War Foundation
- Honorary Teacher of Clinical Psychology, University of Leicester
- Co-ordinated the British Psychological Society's response to the 2005 NICE guidelines on PTSD and the consultation concerning the decision not to review the guidelines in 2011
- Member of the Outcomes and Evaluations Group providing expert advice to the NHS CYP-IAPT project about use of measures
- Member of the Evidence Update Advisory Group providing expert advice to NICE about the latest research evidence concerning PTSD
- Member of: UK Psychological Trauma Society (UKPTS), European Society for Traumatic Stress Studies (ESTSS), Association for Child and Adolescent Mental Health (ACAMH) and British Association of Behavioural and Cognitive Psychotherapies (BABCP)
- Various appearances on, and consultation to, news programmes as expert on child trauma and depression